

MEET SUE FREDERICK

Thanks for sharing your story with us Sue. So, let's start at the beginning...

I was born in New Orleans to a French Creole mother who came from a long line of women with "the gift." I inherited a double dose of telepathy, clairaudience, clairvoyance, and precognition from her and her mother, and back through generations of her family. These unusual gifts were nurtured by the mysterious city of my childhood. In the haunted alleys of the French Quarter, almost everybody gives respect to the "unseen" world in some form or another. My psychic gifts are more powerful now that I use them to help others through private sessions, talks, workshops and books—including *Through a Divine Lens*; *Sacred Numerology Workbook*; *Bridges to Heaven*; *I See Your Soul Mate*; *I See Your Dream Job and Water Oak*. I'm also an ordained Unity Minister, Soul Regression Therapist, Master Numerologist, Career Coach and certified meditation teacher. Clients benefit from my diverse background as an intuitive spiritual practitioner who also spent 20 years as a journalist/writer/executive editor in the corporate world. After working with clients for more than 20 years, I can truly say that viewing life from the soul's wisdom reveals why we're here and how to navigate grief and heartbreak to fulfill our greatest potential.

Great, so let's dig a little deeper into the story—has it been an easy path overall and if not, what were the challenges you've had to overcome?

Grief has been my greatest teacher. My first husband died of cancer when I was 29—followed by the deaths of five people I loved most in the world. What I've learned is this: Grief breaks our hearts wide open and lifts us above the mundane to embrace profound spiritual wisdom that changes us forever. We are never the same after a great loss—and that is a gift. We love more deeply and live more meaningfully; we travel the journey of discovery that reveals our soul's mission and why we're still here. I love helping people discover the gift of loss and how it reveals that spirit is eternal and that we come here with a plan and a purpose. The veil between seen and unseen worlds is thin; connecting to our departed loved ones for healing is possible for everyone.

We'd love to hear more about your work.

I've been speaking, teaching and working with clients since I launched my business in 2000. My work has been featured in the *New York Times*, *CNN*, on ABC's *The List*; and in *Yoga Journal*, *Natural Health*, *Complete Woman*, *Real Simple* and *Unity Magazines*. Teaching venues include Omega Institute, Kripalu Retreat Center, Shambhala Mountain Retreat Center, Helping Parents Heal, IANDS, the New York Open Center, Unity of Boulder, Unity of Phoenix, Unity of Davis, Southwest Unity Conference and more. I'd love to work with you!

For more info about my private sessions and workshops visit <http://www.SueFrederick.com> or email Sue (at) Brilliantwork.com.

Do you look back fondly on any particular memories from childhood?

I've written a personal memoir called **Water Oak: The Happiness of Longing** that reflects back on my childhood—in particular the loss of our home to Hurricane Camille in 1969. **Here's an excerpt:**

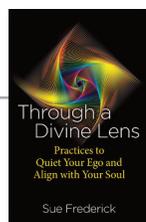
It was always a secret favorite thing to do; to wake early and slip outside into the salty morning air, walk barefoot along the dewy grass across the lawn and up to the Water Oak. We had built a little ladder, Russell and I; just a few steps to get us off the ground high enough to reach our arms up and around the lowest hanging branch, then heave ourselves into the hidden basin, the hollowed-out sacred place in the middle of the trunk, right where the branches began their journey, pulling apart and reaching up towards the sky; winding their arms high above our heads to shake their leaves at heaven.

I would nestle deep into that hollowed basin, sniffing the tree bark, inhaling it with the deepest breath I could take. It was the smell of the Water Oak that I craved every day; it was the scent of sand and oyster shells, of fireworks and sugar cane; and it smelled the way my daddy's voice sounded when we were swimming in the shallows and he was teaching me to reach my arms deep into the wave, stretch out with each long stroke to glide across the water like he did. It smelled exactly like that.

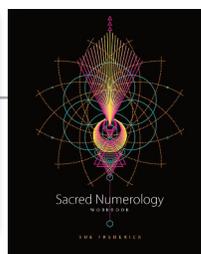
And it was that smell that I craved most after Long Beach was gone—destroyed by Hurricane Camille; when we made brief visits and I would walk over to the tree, lean into it; its hollowed branches no longer able to lift me up, support my weight; but it always offered up its scent, the comfort of its magic after everything was gone.

Long Beach was my home; my only home. It didn't matter that I never really lived there, was only allowed to visit, didn't get to spend entire summers the way Russell and Davis did. What mattered was that whenever I leaned into the tree or lifted a shell from the driveway, I came back to me; came back to my dad.

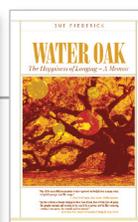
SUE HAS BEEN A PROFESSIONAL PAID SPEAKER FOR OVER 20 YEARS. MORE INFORMATION, PLEASE VISIT WWW.SUEFREDERICK.COM



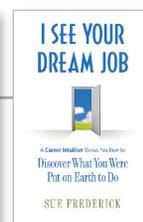
Through a Divine Lens



Sacred Numerology Workbook



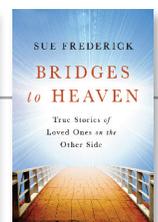
Water Oak



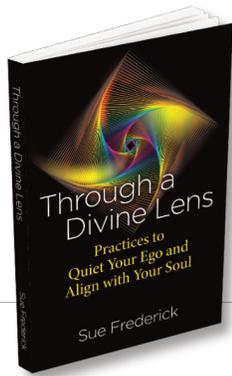
I See Your Dream Job



I See Your Soul Mate



Bridges to Heaven



AUTHOR | KEYNOTE SPEAKER | INTUITIVE

Sue Frederick



KEYNOTE & WORKSHOP TOPICS

- ❖ **Through a Divine Lens: Practices to Quiet Your Ego and Align with Your Soul.**
- ❖ **Sacred Numerology:** For finding purpose and healing grief
- ❖ **Stories from Our Departed:** Sue's amazing journey of connection, and how you can connect to your departed
- ❖ **How Three Shared Death Experiences Catapulted My Life and Work into the Mystical**
- ❖ **God, Reincarnation, and the Eternal Soul**
- ❖ **Cultivating a Courageous Heart and How it Serves Us**
- ❖ **Spiritual Nourishment for Caregivers**
- ❖ **Let's Review Your Soul Plan:** A journey through time for healing and insight and more...

FEATURED MEDIA

Sue's work has been featured in the **New York Times**, **CNN.com**, **Real Simple**, **Yoga Journal**, **Natural Health**, **Complete Woman** magazines, and many other publications.

Sue has given more than 300 radio and TV interviews which can be accessed on her website www.careerintuitive.org.

Previous-Venue Examples

Sue has been a professional paid speaker for over 20 years.

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| Omega Institute (NY) | Helping Parents Heal |
| Naropa University—Boulder | Boulder County Hospice |
| Shambhala Mountain Center | Social Workers Association |
| Kripalu Center for Yoga & Health | The Learning Annex (NYC) |
| New York Open Center | Mile-Hi Church of Denver |
| Loyola University | eWomen Network |
| Crossings Retreat Center (TX) | East West Bookstore (SF) |
| National Career Development Association | East West Bookstore (Seattle) |
| Unity of Boulder | Bodhi Tree Bookstore (LA) |
| Unity of Phoenix | University of Colorado—Boulder |
| Unity of Fort Collins (CO) | New Renaissance Bookstore (OR) |
| Unity of Prescott (AZ) | Tattered Cover Bookstore (CO) |
| Unity of Davis (CA) | SMHAS (Laguna Hills, CA) |

MARKETING CAPABILITIES

- ❖ Email newsletter list: 6,700+
- ❖ 5,000+ Friends on Facebook
- ❖ 7,500+ Fans on Facebook Business
- ❖ 3210+ Followers on LinkedIn
- ❖ 3140+ Followers on Twitter
- ❖ Sue's books have sold more than 40,000 copies

TESTIMONIAL

from a psychologist who attended Sue's workshop

"Sue, my deepest gratitude for a transformative experience! In over 20 years of helping people heal and transform, I have never had this type of experience! I was in awe at the courage and authenticity of the incredible stories shared by those in attendance. To allow oneself to be vulnerable and open up to others, sharing their raw 'jagged edges,' was incredible and a powerful statement of the human spirit! I feel blessed to have been a part of that! Thank you sincerely ~ namaste!"

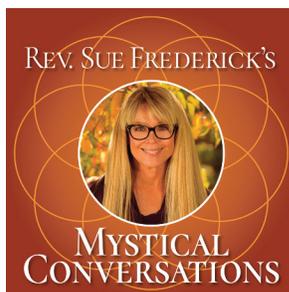
—Dr. Michael, Psychologist

GET-TO-KNOW-SUE VIDEOS ON HER YouTube CHANNEL:

[HTTPS://WWW.YOUTUBE.COM/SUEFREDERICK](https://www.youtube.com/suefrederick)

SUE'S MYSTICAL PODCAST

[HTTPS://WWW.BUZZSPROUT.COM/1246712](https://www.buzzsprout.com/1246712)



If you're looking for inspiration to lift you above these heavy times, listen to my Podcast; we discuss dreams from the other side and intuitive knowings...

A mystical conversation is what happens when we lift above our ego mind and review life from that place of divine inspiration. It's the place we go to know things we can't see from everyday reality. We have to rise up within our consciousness to get this new view.

SUE FREDERICK IS

- ❖ An Ordained Unity Minister
- ❖ Soul Regression Therapist
- ❖ Master Numerologist
- ❖ Life-long Intuitive
- ❖ Keynote Speaker
- ❖ Author of 11 Published Books

REV. SUE FREDERICK'S UNIQUE GIFT OF POWERFUL INTUITION, channeled wisdom from guides and departed loved ones, sacred numerology and spiritual insight, lifts you into the mystical to heal grief and find purpose.

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<http://www.SueFrederick.com>

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